Maricopa County Department of Public Health recommends that all employees/students/daycare attendees who have symptoms consistent with COVID-19* stay home and not return to work/school/daycare until they have met the MCDPH Home Isolation Guidance criteria (visit https://www.maricopa.gov/HomeIsolationGuide).

This recommendation applies regardless of whether the individual has been tested for COVID-19 or not and is advised to reduce overall risk of transmission of COVID-like illness before returning to work. Employees should notify their supervisor and stay home if they are sick.

It is not recommended that a sick individual be required to show a healthcare provider’s note or test result to confirm their illness to stay home, or to document their recovery before returning to work/school/daycare.

*Symptoms consistent with COVID-19 include:

- Fever
- Chills
- Cough
- Fatigue
- Difficulty breathing or shortness of breath
- Sore throat
- Muscle/body aches
- Headache
- New loss of taste/smell fever
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Check the CDC website for the latest list of symptoms associated with COVID-19. Symptoms caused by chronic medical conditions like allergies or controlled asthma do not require exclusion from work/school/daycare.